



ENVIRONMENTAL AWARENESS

WINTER SEED SOWING

Winter seed sowing is a great way to grow your own native plants to save money and maintain important biodiversity—growing from seed can maintain some of the genetic variations important for biodiversity.

Wild Seed Project

Wild Seed Project offered this video on how and why to do winter seed sowing:

[Wild Seed Project Winter Seed Sowing Demonstration 2024](#)

Check with your local library to see if they have a Seed Library for free local seeds. Grow NATIVE plants for resilience and the best ecological benefit. If you are interested in buying seeds from the Wild Seed Project to winter sow, you can do that here: [Wild Seed Project Page](#)

If buying other seeds, make sure they are grown without insecticide coating. Buying organic seeds are the best insurance.

Grow Native  *massachusetts*
Every garden matters ~ Every landscape counts®

You can check out other organic seed sources at the Grow Native Massachusetts website at www.grownativemass.org.